



Ananda Marga

Ātma Mokṣārtham Jagat Hitāya Ca



July, 2024



Ananda Nagar Newsletter

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Rector Master, Ananda Nagar

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❖ Computer Training for Everyone



On 1st July 2024, recognizing the need for computer education in rural areas, Ananda Nagar Ananda Marga College inaugurated a computer training academy for 60 students. The academy will offer affordable training for all age groups and covers basic computer skills, CITA, DITA, internet usage, hardware and software knowledge, Tally, Photoshop, DTP, and more.



ANANDA MARGA SKILL DEVELOPMENT AND COMPUTER TRAINING ACADEMY

Trade / Regd No : 495, Govt. Of West Bengal

COURSE OFFERED

CITA DITA INTERNET TALLY DTP

HARDWARE & SOFTWARE PHOTOSHOP

BASIC COMPUTER FOR KIDS

Separate & Special Trade - BARBAR, COOK, MALI, SWEEPER Etc.

এই সকল ট্রেডে সার্টিফিকেট প্রাপ্ত ছাত্র ছাত্রারা ভবিষ্যতে ARMY, CRPF, BSF, CISF ও বিভিন্ন ফোর্স লাইনে চাকরির সুযোগ পাবে

Admision From Available at Pundag Campus

Educational Qualification : From VIII Pass

ভর্তির জন্য লাগবে :- **Age Entry : 14 Years to 60 Years**

Ananda Marga College Campus **Contact : 9732161590 // 9647656962**

❖ Digging of Trenches for Tree Plantation

Shrii Shrii Anandamutiji envisioned Ananda Nagar as a green and vibrant place in his master plan. To advance this vision, afforestation projects are underway all over Ananda Nagar. For the upcoming tree plantation project on 40 acres of land near Asthipahar, a 4-foot by 4-foot trench was dug on 2nd July 2024 to protect the saplings from animals. Additionally, in some areas, bamboo fencing will be installed to protect the plants.



❖ *Inventory of Ananda Nagar Nursery*

At the Ananda Nagar Nursery of the Ananda Marga Farm Department, we are offering a variety of fruit, flower, and tree saplings at retail prices (mentioned here). Bulk purchases of fruit saplings qualify for a discount of 30-50%, depending on the plant and species.

Vermicompost (worm compost) produced on the farm is also available at a rate of 15 rupees per kilogram.

Contact numbers:

96095 68600 / 84436 40266

The following saplings are available at the Ananda Nagar Nursery:

Mango Plants	
Plants	Price (in Rupees)
1) Amrapali	50, 60
2) Himsagar	60
3) Mallika	60
4) Langra	60
5) Suvarnarekha	60
6) Bhastara (dofal)	100
7) Katimon (barmasi)	100
8) Miyazaki	250-400
9) Chok Anan	250
10) Gaourmoti	250
11) Haribhanga	250
12) Banana	250
13) Nam Doc Mai	250
14) Honeydew	250
15) Alphonso	150
16) Bari	250
17) Chiang Mai	250
18) Gulabkhas	100
19) Red Ivory	250

Lemon Plants	
Plants	Price (in Rupees)
1) Round pati Lemon	40, 50, 150
2) Long Pati Lemon	40
3) Malta (BARI-1)	80
4) Malta (Vietnam)	150
5) Malta (Nagpur)	100
6) Gandharaj Lemon	60

Other Fruit Plants	
Plants	Price (in Rupees)
1) Cashew (Grafting)	100
2) Cashew (Seed)	10
3) Lychee (Muzaffarpur)	60
4) Lychee (China-3)	100
5) Sapodilla (Kalapatti)	80
6) Jamun (Patuli)	60
7) Jamun (White)	100
8) Whole year Jackfruit	30
9) Jackfruit (Thailand)	60
10) Wax Apple (White, Green, Red)	60
11) Starfruit	60
12) Olive	60
13) Dragon Fruit (Pink)	20, 30, 40, 60
14) Papaya	60, 10

Flower Plants (Prices vary by saplings)
1) Camellia flower
2) Azalea flower
3) Tagar flower
4) Bak flower
5) Henna
6) Rangan
7) Chrysanthemum
8) Oleander

Ornamental Plants
1) Snake Plant
2) Areca Palm
3) Foxtail Fern
4) Canna
5) Dracaena
6) Croton

Trees (Prices range from 10 to 50 rupees depending on the plant)		
1) Sandalwood (White)	18) Nagkesar	35) Peepal
2) Sandalwood (Red)	19) Arjuna	36) Fig
3) Mahogany	20) Mahua/Moul	37) Yellow Palash
4) Teak	21) Babla (Acacia)	38) Red Palash
5) Amla (Indian Gooseberry)	22) Chhatim	39) Red Silk Cotton Tree
6) Haritaki	23) Kamini	40) White Silk Cotton Tree
7) Bahera	24) Sal (Desi)	41) Madar (Daow)
8) Krishnachura (Flame Tree)	25) Sal (Malaysian)	42) Neem
9) Karanja	26) Minjiri	43) Tabebuia (Basontika)
10) Silk Cotton Tree	27) Ashoka	44) Kusum
11) Simarouba (Lakshmitaru)	28) Longan	45) Boxwood
12) Gokul	29) Gab	46) Chaal Karai
13) Bakul	30) Sindur	47) Pitali
14) Tamarind	31) Mad Tree (Pagal Tree)	48) Gamar
15) Khirish	32) Curry Leaf	49) Udala
16) Amaltas (Golden Shower Tree)	33) Shishu	
17) Glass Fruit	34) Banyan	

❖ *The History of Ananda Nagar Post Office*



After receiving the land donation in August 1962, the first primary school in Ananda Nagar was established in March 1963. Subsequently, on 1st January 1964, a high school was established. At that time, there was no high school within a fifteen-kilometer radius of Ananda Nagar. In order to improve the postal services for the residents of Ananda Nagar, several efforts were made to set up a post office in collaboration with the Indian Postal Department.

In June 1964, permission was granted to establish the "Temporary Baglata Branch Post Office" under the Garjoypur Post Office. Initially, it operated from the then "Press and Book-binding" office. The office's operations were managed by the members of our mission. The first branch postmaster was Ram Prasadji.

On 23rd July 1966, Ananda Marga Degree College was established. Following the establishment of the college, the post office was relocated to the college building. Ananta Gope from Barametala village was entrusted with the responsibility of the postmaster. Subsequently, the postmaster's duties were performed by Sunil Adhikari from Punandag, Govinda Mahato, and Kapil Mahato from Shalgram.

In 2002, the post office was moved from the college building to a separate house on Madhukarnika Sarani owned by the mission. Adjacent to it is the Ananda Marga Library, and behind it is the primary school hostel (commonly known as Singbhum Hostel—it was built by the Margiis of the former Singbhum district). On 31st March 2003, it was upgraded to a sub-post office, and a sub-postmaster was officially appointed.

The post office experienced attempted looting by miscreants on several occasions. As a result of becoming a sub-post office, the services have significantly increased, and the number of people visiting has also risen. However, the number of staff is much less compared to the demand. Visitors to the post office faced drinking water problems. Dr. Dhiren Chandra Mahato, the local leader of the current ruling party, was informed about this issue and took prompt action to arrange for drinking water.



❖ *Annual Akhanda Nám Samkiirtana in Sidhi-Jelyadi Village*



On 7th July 2024, in the village of Sidhi-Jelyadih, located in the northern bordering area of Ananda Nagar, the Sidhi-Jelyadih branch of Ananda Marga Pracaraka Samgha organized their annual 12-hour Akhanda "BáBá Nám Kevalam" Nám Samkiirtana. The kiirtan was followed by collective iishvar prañidhán, varnárghyadán, svádhyáya, tattva sabha, and náráyàða sevá.

❖ *Distribution of Mango Saplings*

On 10th July 2024, Ácáryá Sureshananda Avadhuta, the head of the Ananda Marga Farm Department in Banshgad, distributed grafted Himsagar mango saplings to 80 marginal and below-poverty-line families in villages near Bansgharh Farm.



❖ *Bountiful Monsoon Season in Ananda Nagar*



Nature's boundless grace blesses Ananda Nagar's numerous Kanan (groves) and gardens with a year-round abundance of diverse fruits and flowers. But during the Monsoon, the plants and trees of Ananda Nagar truly thrive. Dragon fruits get cultivated in the farm, and seasonal flowers bloom in Baba Memorial's garden. With the establishment of new gardens and afforestation projects, the population of diverse animals, birds, bees, and other insects has also increased.

❖ *Green Guardians: The Vital Role of Trees, Vines, and Shrubs in Sustaining Humanity*



Trees, plants, vines, and shrubs do not need humans to live on Earth, but humans absolutely need them to survive. Unfortunately, the leaders of society do not give importance to this fact, leading to global warming and a loss of natural balance. Thanks to the guidance of Shrii Shrii Anandamurtiji, over three hundred acres of land have been greened in Ananda Nagar to maintain the natural balance.

Valuable trees such as white sandalwood, mahogany, sal, teak, gamar, and sissoo, along with various types of fruit trees, have been planted to achieve economic self-reliance and good health for the common people. Visitors to Ananda Nagar can experience the positive change in the natural environment for themselves when



Additionally, new barren and fallow lands are being utilized for tree plantation programs annually. To that end there are ongoing trench digging work in Abhedanandadihi and Venkteswaranandadihi.

❖ *Yoga Training Camp in Dimdiha*



From 13th to 14th July 2024, the 'B' DIT Level Yoga Training Camp was held at the Ananda Marga Jagriti Bhavan in Dimdiha, Ananda Nagar. For the first time, overnight accommodation was arranged for the attendees of the camp. Margiis arrived at the camp on Saturday. Special emphasis was placed on the observance of the Sixteen Points in the camp. Ácáryá Purnaginanda Avadhuta, Ácáryá Sureshananda Avadhuta, and Avadhutika Ananda Sumita Ácárya were present as trainers.

❖ *Ananda Nagar Girls Shine in the District Taekwondo Competition*



On 14th July 2024, the 30th Purulia District Taekwondo Championship, 2024 took place at the Manbhum Sports Association Indoor Stadium. It was the first time that 10 contestants from the Taekwondo training center, supervised by Ananda Marga Women's College, Ananda Nagar, participated in the competition. All participants were in the sub-junior group, with five winning gold medals and the other five winning silver.

The gold medalists are Renu Mahato, Moumita Soren, Mamata Hembram, Jahnabi Mahato, and Riyabala Karmakar. The silver medalists are Rajshree Mahato, Tanushree Mahato, Arpita Kumar, Tripti Tantubay, and Pushpa Das. All of them are students of Ananda Marga Girls High School. These results are especially noteworthy because it was only a year back on March 11th 2023, that Taekwondo training was started at the Ananda Marga Women's College, Umanivas Campus, under the supervision of College Principal Avadhutika Ananda Tapasila Acarya, and the Taekwondo Association of Purulia, and the students have already won medals in competitions.



❖ *Revolutionary Marriage*



On 15th July 2024, a revolutionary marriage took place at the Saffron Resort in Ranchi between Dr Manojit, the first son of Mrs. Jayanti and Dr Ranjit Kumar Dutta of Hino, Ranchi, and Dr Jayashree, the only daughter of Mrs. Krishna and Mr. Yamuna Kanta Maity of Rishabh, Ranchi. The ceremony followed Ananda Marga's Caryácarya guidelines and was held in a spiritual atmosphere with Prabhat Samgiit, Akhanda Nám Sańkiirtana,

Ishvar Prańidhán, Varnárghyadán, and Svádhyáya. The features of an Ananda Marga marriage were explained before the wedding. The officiant for the groom's side was Ácáryá Gurudattananda Avadhuta, and the officiant for the bride's side was Avadhutika Ananda Sumita Ácárya.

❖ *Annaprásana Ceremony*

On 21st July 2024, similar to the third Sunday of every month, a three-hour Akhanda "BáBá Nám Kevalam" Nám Sańkiirtana and Náráyada sevá was organized at the Baba Memorial.

Furthermore, during this event, the naming ceremony for the second daughter of Shaktipada and Shikha Mahato, who reside in Shalgram, was carried out in accordance with the Ananda Marga Caryácarya guidelines. The ceremony was conducted by Avadhutika Ananda Sumita Ácárya. The newborn girl was named Arohi



❖ *Yoga Training Camp in Chitmu Village*



On 21st July 2024, a one-day 'C' DIT level yoga training camp was held at the Chitmu Uparpara Ananda Marga Jagriti, Ananda Nagar. Ácáryá Dipanjinananda Avadhuta was the instructor and he discussed the significance of yoga practice and attraction to Brahma with the attendees.

❖ *Ácáryá Kírttyananda Avadhuta Rural Football League Launched*



The current generation of children is losing interest in sports, as they are becoming more drawn to antisocial activities. To address this concern, SSAC Anand Nagar has planned initiatives to nurture the youth's talents through sports. They organize football tournaments and leagues annually, providing opportunities and facilities to identify and support talented boys and girls.

To further this aim, the Ácáryá Kírttyananda Avadhuta Rural Football League was launched in Anand Nagar on 20th July 2024. Ten teams are participating in the league, and the group stage final match will take place on 4th August 2024. Subsequent matches for the knockout quarter-finals, semi-finals, and final will be announced thereafter.



❖ *Monthly Study Circle*

On Saturday, July 27, 2024, Renaissance Universal Ananda Nagar organized a study circle at Ananda Marga High School. Manoj Senapati (teacher), Acarya Mohanananda Avadhuta, Acarya Gurudattananda Avadhuta, and Acarya Pragyananda Avadhuta delivered speeches on finding solutions to the current social degradation.



❖ *Purulia District Football League Begins*

The Manbhum (Purulia) District Football League 2024-2025 "A" (First) Division football competition was kicked-off with 11 football clubs on 12th July 2024. Through a lottery, the 11 clubs are divided into two groups, 'A' and 'B'. Group 'A' consists of five clubs, while Group 'B' consists of six clubs.

Last year, SSAC Ananda Nagar was promoted to the 'A' Division after winning the 'B' Division while staying unbeaten.



On 16th July, SSAC Ananda Nagar played their first match against Salgamudu Football Club, and won their first group league match 6-2. SSAC scored four goals in the first half.

The final goal scorers were Achintya Tudu (3 goals), Biswajit Bauri (1 goal), and Bablu Hansda (2 goals).

On 19th July 2024, SSAC Ananda Nagar faced off against Bangiya Sangskriti Goshti. In their second match of the group league, SSAC Ananda Nagar won 5-0.

For SSAC, Achintya Tudu and Amit Mahato scored 2 goals apiece, while Bablu Hansda scored 1 goal.

On 22nd July 2024, SSAC Ananda Nagar played against ABBOT SPORTS CLUB. This was the third match for SSAC Ananda Nagar in the "A" group of the league. SSAC-Ananda Nagar won 6-0 with goals from Achintya Tudu (1 goal), Phulchand Hansda (1 goal), Bablu Hansda (1 goal), Dhananjay Hansda (1 goal), and Amit Mahato (2 goals). With this victory, SSAC Ananda Nagar consolidated their position at the top of the group with a total of 17 goals in three matches.



On 31st July 2024, the final football match of the Group "A" took place between Purulia Town Club and SSAC Ananda Nagar at the Purulia Manbhum Sports Association ground. SSAC Ananda Nagar defeated Purulia Town Club 2-1 to become the group champion. For SSAC, Achintya Tudu and Dhananjay Hansda scored one goal each.

Over the course of the group stage, SSAC Ananda Nagar played four matches in Group "A," scoring a total of 19 goals to secure the top position.

SSAC Ananda Nagar has three more matches to play, including the final. The schedule for these matches has not yet been announced.

We seek your best wishes, blessings, and support to reach the pinnacle of success.

❖ *Psycho-Spiritual Development of Residential Students*

Human life is three-tiered: physical, psychological, and spiritual. Many people focus on worldly progress, but very few consider psychological and spiritual well-being. To buck this trend, Ananda Marga offers psychological and spiritual education and practice starting from the age of five. Residential students at the various Ananda Marga institutions are expected to practice meditation twice a day regularly. Furthermore, every Sunday morning, all high school residential students in Ananda Nagar partake in psychological and spiritual exercises together to further advance their psychological and spiritual development.



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